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342 513 are made like tombs, surrounded by skins. These men are always naked, covered only with a buffalo robe. * * * * Their fort 251 is full of caves, in which are stored such articles as grain, food, 436 fat, dressed robes and bear skins. They are well supplied with these; it is the money of the country. The more they have of it 304 the richer they believe themselves to be. They are fond of tattooing, but never more than half of the body is tattoed, both of 285 men and women. They make wicker work very neatly, flat and in baskets.

Pottery. "They make use of earthen pots, which they use like 323 many other nations for cooking their food. They are for the most part great eaters; are eager for feasts. They brought me every ●261 day more than twenty dishes of wheat, beans and pumpkins, all cooked. Mr. de la Marque, who did not hate feasts, went to them continually with my children. As I did not go to them my share 141 was sent to me. The men are stout and tall, generally very active, fairly good looking, with a good physiognomy. The women have not the Indian physiognomy. The men indulge in a sort of ball 526 play on the squares and ramparts.

000 "On the evening of the 4th the Sieur Nolant and my son arrived, well satisfied with their journey, having been well received and strongly urged to remain longer. The fort is on the bank of the river, as large again as this; the squares and streets are very fine and clean; their palisade is in the best order and strength; the whole built in the same fashion as the one in which we were. From what they could hear all their forts are alike; who saw one saw all, with this difference, that some were much larger than others. The nearest to the Pananas that the river appeared to go was, according to the compass, southwest by south, by signs given to them; the lower part may go to the sea to the southwest by west. They were often amused by broken talk; not being able to answer questions put to them, they answered something else, for want of understanding. The waters of their rivers come down with great rapidity, having many shoals. The water is not good for drinking, being brakish. We have constantly found from the last mountain almost all the marshes and ponds brakish or sulphurous. What they could understand was that on the lower part of the river there were men like us, who made cloth and linen, were very numerous and had wars with a large part of the Indians. We saw that it was useless to question them, as they

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clining posture, with the legs thrown out, and the body resting on one elbow and fore-arm, which are under them. The dishes from which they eat are invariably on the ground or floor of the lodge, and the group resting on buffalo robes or mats of various structure and manufacture.

The position in which the women sit at their meals and on other occasions is different from that of the men, and one which they take and rise from again, with great ease and much grace, by merely bending the knees both together, inclining the body back and the head and shoulders quite forward, they squat entirely down to the ground, inclining both feet either to the right or the left. In this position they always rest while eating, and it is both modest and graceful, for they seem, with apparent ease, to assume the position and rise out of it, without using their hands in any way to assist them.

These women, however, although graceful and civil, and ever so beautiful or ever so hungry, are not allowed to sit in the same group with the men while at their meals. So far as I have yet travelled in the Indian country, I never have seen an Indian woman eating with her husband. Men form the first group at the banquet, and women, and children and dogs all come together at the next, and these gormandize and glut themselves to an enormous extent, though the men very seldom do.

It is time that an error on this subject, which has gone generally abroad in the world, was corrected. It is everywhere asserted, and almost universally believed, that the Indians are "enormous eaters;" but comparatively speaking, I assure my readers that this is an error. I venture to say that there are no persons on earth who practice greater prudence and self-denial, than the men do (amongst the wild Indians), who are constantly in war and in the chase, or in their athletic sports and exercises; for all of which they are excited by the highest ideas of pride and honour, and every kind of excess is studiously avoided; and for a very great part of their lives, the most painful abstinence is enforced upon themselves, for the purpose of preparing their bodies and their limbs for these extravagant exertions. Many a man who has been a few weeks along the frontier, amongst the drunken, naked and beggared part of the Indian race, and run home and written a book on Indians, has, no doubt, often seen them eat to beastly excess; and he has seen them also guzzle whiskey (and perhaps *sold* it to them) till he has seen them glutted and besotted, without will or energy to move; and many and thousands of such things can always be seen, where white people have made beggars of them, and they have nothing to do but lie under a fence and beg a whole week to get meat and whiskey enough for one feast and one carouse; but amongst the wild Indians in this country there are no beggars—no drunkards—and every man, from a beautiful natural precept, studies to keep his body and mind in such a healthy shape and condition as will at all times enable him to use his weapons in self-defence, or struggle for the prize in their manly games.

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261 As I before observed, these men generally eat but twice a day, and many times not more than once, and those meals are light and simple compared with the meals that are swallowed in the civilized world; and by the very people also, who sit at the festive board three times a day, making a jest of the Indian for his eating, when they actually guzzle more liquids, besides their eating, than would fill the stomach of an Indian.

There are, however, many seasons and occasions in the year with all Indians, when they fast for several days in succession; and others where they can *get* nothing to eat; and at such times (their habits are such) they may be seen to commence with an enormous meal, and because they do so, it is an insufficient reason why we should for ever remain under so egregious an error with regard to a single custom of these people.

I have seen so many of these, and lived with them, and travelled with them, and oftentimes felt as if I should starve to death on an equal allowance, that I am fully convinced I am correct in saying that the North American Indians, taking them in the aggregate, even where they have an abundance to subsist on, eat less than any civilized population of equal numbers, that I have ever travelled amongst.

251 171 Their mode of curing and preserving the buffalo meat is somewhat curious, and in fact it is almost incredible also; for it is all cured or dried in the sun, without the aid of salt or smoke! The method of doing this is the same amongst all the tribes, from this to the Mexican Provinces, and is as follows:—The choicest parts of the flesh from the buffalo are cut out by the squaws, and carried home on their backs or on horses, and there cut "*across the grain*," in such a manner as will take alternately the layers of lean and fat; and having prepared it all in this way, in strips about half an inch in thickness, it is hung up by hundreds and thousands of pounds on poles resting on crotches, out of the reach of dogs or wolves, and exposed to the rays of the sun for several days, when it becomes so effectually dried, that it can be carried to any part of the world without damage. This seems almost an unaccountable thing, and the more so, as it is done in the hottest months of the year, and also in all the different latitudes of an Indian country.

So singular a fact as this can only be accounted for, I consider, on the ground of the extraordinary rarity and purity of the air which we meet with in these vast tracts of country, which are now properly denominated "the great buffalo plains," a series of exceedingly elevated plateaus of *steppes* or *prairies*, lying at and near the base of the Rocky Mountains.

263 It is a fact then, which I presume will be new to most of the world, that meat can be cured in the sun without the aid of smoke or salt; and it is a fact equally true and equally surprising also, that none of these tribes use salt in any way, although their country abounds in salt springs; and in many places, in the frequent walks of the Indian, the prairie may be seen, for miles together, covered with an incrustation of salt as white as the drifted snow.

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224 boasting, whilst bows were twanging and spears were polishing by running their blades into the ground—every face and every eye was filled with joy and gladness—horses were pawing and snuffing in fury for the outset, when Louison Frénié, an interpreter of the Fur Company, galloped through the village with his rifle in his hand and his powder-horn at his side; his head and waist were bandaged with handkerchiefs, and his shirt sleeves rolled up to his shoulders—the hunter's yell issued from his lips and was repeated through the village; he flew to the bluffs, and behind him and over the graceful swells of the prairie, galloped the emulous youths, whose hearts were beating high and quick for the onset.

●261 In the village, where hunger had reigned, and starvation was almost ready to look them in the face, all was instantly turned to joy and gladness. The chiefs and doctors who had been for some days dealing out minimum rations to the community from the public crib, now spread before their subjects the contents of their own private *caches*, and the last of every thing that could be mustered, that they might eat a thanksgiving to the Great Spirit for his goodness in sending them a supply of buffalo meat. A general carouse of banqueting ensued, which occupied the greater part of the day; and their hidden stores which might have fed an emergency for several weeks, were pretty nearly used up on the occasion—bones were half picked, and dishes half emptied and then handed to the dogs. *I* was not forgotten neither, in the general surfeit; several large and generous wooden bowls of pemican and other palatable food were sent to my painting-room, and I received them in this time of scarcity with great pleasure.

721 After this general indulgence was over, and the dogs had licked the dishes, their usual games and amusements ensued—and hilarity and mirth, and joy took possession of, and reigned in, every nook and corner of the village; and in the midst of this, screams and shrieks were heard! and echoed everywhere. Women and children scrambled to the tops of their wigwams, with their eyes and their hands stretched in agonizing earnestness to the prairie, whilst blackened warriors ran furiously through every winding maze of the village, and issuing their jarring gutturals of vengeance, as they snatched their deadly weapons from their lodges, and struck the reddened post as they furiously passed it by! Two of their hunters were bending their course down the sides of the bluff towards the village, and another broke suddenly out of a deep ravine, and yet another was seen dashing over and down the green hills, and all were goading on their horses at full speed! and then came another, and another, and all entered the village amid shouts and groans of the villagers who crowded around them; the story was told in their looks, for one was bleeding, and the blood that flowed from his naked breast had crimsoned his milk white steed as it had dripped over him; another grasped in his left hand a scalp that was reeking in blood—and in the other his whip—another grasped nothing, save the reins in one hand and the mane of the horse in the other, having thrown his bow and his arrows